

# Gold Coast 2 Hours Beginner Surf Lesson

- 2 hours (approx. 1 hour 20 min in the water)
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## • KEY FACTS •



1. Two hours learn to surf experience
  2. All equipment (surf board, leg rope, long sleeve surf shirt in summer/ wet suit in winter)
- Participants must be over 12 years old.



1. Hotel pick up transfers
2. Food & beverages not listed as Inclusions
3. Souvenirs
4. Travel Insurance

## Depature point

- Departs: daily, all year round, except Christmas Day (25 December) and New Year's Day (01 January).
- Departure Point: The Seaway Café, Doug Jennings Park, Seaworld Drive Main Beach 4217.  
Please arrive at least 15 minutes prior to your surfing lesson session.
- Departure Time: 10:00 (Summer Season: 08:00), or 13:00  
Departure times are for reference only and subject to availability.

## How to get there

- By Car  
Surf lesson address : The Seaway Café, Doug Jennings Park, Seaworld Drive Main Beach 4217.  
- Please arrive at least 15 minutes prior to your surfing lesson session.  
- Free onsite parking available

## Operating hours

Daily	10:00 - 12:00
Daily	13:00 - 15:00
Christmas Day (25 December)	Closed
New Year's Day (01 January)	Closed

## Check-in requirements

- [Make You Own Way]  
Please ensure you arrive at the meeting point /departure point 15 minutes before your scheduled departure time to allow enough time to check in. Regrettably, failure to arrive before this time will most likely be classified as no-show and result in forfeiting the booking and it cannot be refunded or transferred.

If you are not familiar with the area or travelling on a weekend or local public holidays / school holidays, please make sure you've checked your timetable or driving route beforehand, and allow extra travelling time for unexpected delays to ensure you do not miss your check in

- Student rates are applicable to anyone who is the holder of a valid student ID, including children, adults and international students. Valid ID must be presented upon arrival.

## What to bring/wear

- Appropriate clothing for all weather conditions, eg. jacket for cooler months.
- Comfortable enclosed walking shoes
- Protective clothing, hat, sunscreen lotion, and sunglasses
- Water bottle, Snacks
- Swimmers and towels (Please get your swim wear on when you arrive)
- Umbrella / raincoat if rains
- Camera (waterproof if swimming)
- Money / credit card for optional purchases

## Other info

- Participants must be over 12 years old.
- Do not bring valuables, luggage, bulky items as there is no storage for them.
- For the safety of participants and for best results the group lessons run with a 6 student to 1 instructor ratio (this is a lower ratio than recommended by leading Surfing bodies).
- No swimming ability necessary as the lesson is conducted in waist deep water but you must be strong enough to hold on to your own surf board.
- All levels of fitness are welcome to join as you can participate at your own pace.
- Pregnant women and anyone with a medical condition or previous injury are recommended to seek the advice of your physician.

### • OVERVIEW •

## Gold Coast 2 Hours Beginner Surf Lesson

Learning how to surf can be tricky but with the right instruction, proper equipment suitable conditions and the right attitude it can be Fun, safe and easy!

The best way to start is to jump in a beginner group surf lesson to try it on and see if surfing is really for you. Instructors will do everything they can to make it a fun experience so even if you find it's not the sport for you. You have an awesome time with great memories.



The 2 hour beginner surfing lessons are designed to give you a taste of the thrill of surfing!

Joining a group of like-minded people looking for something new to try is always loads of fun. Surfing instructors get you down to the beach, run through some basic steps that will have you standing up on your board in the safest and easiest way possible and some basic safety instructions and then get you out in the water as soon as possible.

Surfing instructors are there to make it fun, safe and easy for people of all age groups and levels of fitness. If your only on the Gold Coast for 1 day and want an awesome photo of you riding a wave, you might be wanting to tick it off your bucket list or you just want to see why it's one of Australia's greatest past times. All equipment is provided and where ever possible transfers to and from the beach is offered.

The beginner surf program covers the following:

- Identify the parts of the surf board and equipment
- Basic surf awareness
- Recognize hazards in the surf such as rips
- Learn the steps to standing on a board
- Ride a broken wave in the white wash assisted by the instructor
- How to fall off safely in the shallows

### • POLICY •

#### Cancellation Policy

- If you cancel at least 7 day(s) in advance of the scheduled departure, there is no cancellation fee.
- If you cancel between 0 and 6 day(s) in advance of the scheduled departure, there is a 100 percent cancellation fee.
- If no show, no refund.



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